John York had the most successful crossings of the Catalina Channel, completing one-way swims in 1976, 1977, 1978 and 2000 - his fastest in 1977 in 8 hours and 31 minutes. In 1984, he completed the fastest double-crossing of 16 hours and 42 minutes. He swam the English Channel in 1988 in 8 hours and 52 minutes. The 1984 swim was the USA Long Distance International Championship - which John won. He and has coached numerous swimmers across the Catalina Channel, including USA National Team swimmers and has been active in the management of the Catalina Channel Swimming Federation for many years.

Expanded Biography (Openwaterpedia)

Long Swims Database (Marathon Swimmers Federation)