Lord George Gordon Byron, was a British nobleman and politician who was one of the world's leading poets. His most famous work with the narrative poem Don Juan. One of the earliest pioneers of open water swimming he cultivated a reputation as the bad boy of romantics - once described by a former lover as: "mad, bad and dangerous to know." On 3 May 1810, Lord Byron swam the Hellespont, emulating the legendary Greek Leander. Byron swam 6.4 km (4 miles) in 1 hour and 10 minutes. He also swam in the 4 km length of the Grand Canal in Venice, Italy. While he was not a 10 km marathon swimmer, his swim across the Hellespont publicized and glorified longer swims and set the stage for modern epic marathon swimming.

Expanded Biography (Openwaterpedia)

Long Swims Database (Marathon Swimmers Federation)