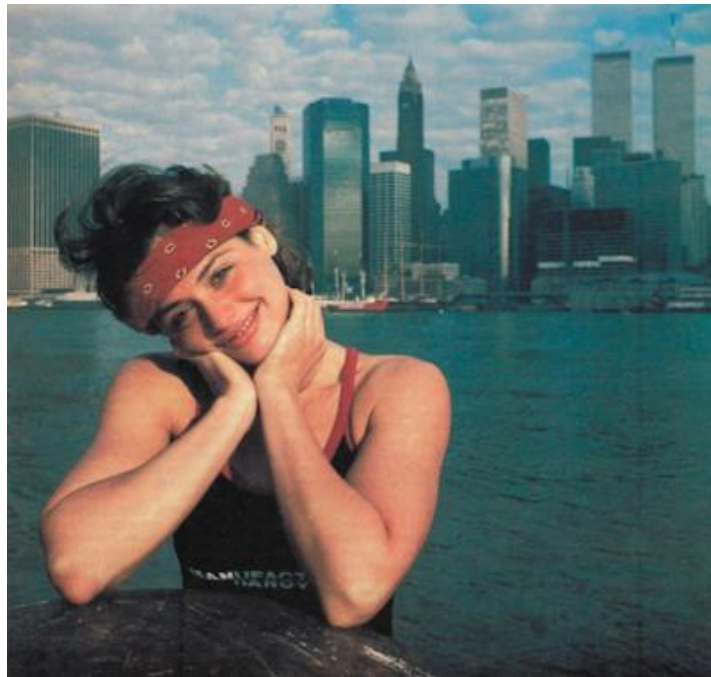




Julie Ridge, Honor Swimmer, United States of America, 1985



Personal Website (None known)

Julie Ridge became the first person to complete a double circumnavigation swim, 91.6 km (57 mile), around Manhattan Island in New York City, USA in 21 hours and 2 minutes in 1983. Her swim took place just at this swim was getting established as a "public" swim. Julie was on the organizing committee from 1982 to 1991 and the resultant publicity from her swim helped greatly. She competed in the Manhattan Island race in 1984 and taking third place in 1986 with a time of 8 hours and 9 minutes. In 1987 she completed the swim five times in five consecutive days with each swim in less than 9 hours. She was the "Queen of Around Manhattan" with 11 swims until IMSHOF Honoree Jaimie Monahan passed this total in 2020. Julie swam the English Channel in 17 hours and 55 minutes in 1982. She also completed the Hawaiian Ironman and cycled across the USA in 47 days.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)