George Park was a swimmer and water polo player for the Hamilton Aquatic Club. He set Canadian records in the 50m and 100m freestyle and butterfly and qualified to be a member of the 1954 and 1958 British Empire and Commonwealth Games. He anchored two 2nd place finish relays and came 4th in the 100m freestyle. He won a silver medal in the 1955 Pan American Games in Mexico City in 100m freestyle and competed in the 1956 Melbourne Olympic Games. Park also competed in the 1968 14.1-mile race in Narragansett, Rhode Island where he encountered a Great White Shark. He also completed a 9-mile swim across the Northumberland Straits from Cape Tormintine to Borden on Prince Edward Island. He competed in the 28-mile Saguenay River in 1964, 1965, 1966, 1967 and 1968 and the 16 km (10-mile) Hamilton Marathon Swim. In the 1964 race that started in Chicoutimi, Quebec, Canada, he finished in 9 hours and 18 minutes, two hours ahead of the second place finisher, Armond Cloutier. He also competed in the 24 Heures La Tuque with American Billy Barton, and with Thomas Bucy in 1966. Park was ranked 10th in 1964, 7th in 1966, 4th in 1967, and 6th in 1968 in the World Professional Marathon Swimming Federation rankings.