



**Pat Gallant-Charette, Honor Swimmer, United States
of America, 2019**



[Personal Website](#)

Pat Gallant-Charette has defied age to assemble an incredible marathon career starting at age 58. Nine of her famous swims set the record for the oldest female swimmer: Catalina Channel, 60 years in 14+ hours in 2011; Tsugaru Channel, 61 years in 19+ hours in 2012; North Channel, 65 years in 14+ hours in 2016; in 2017 Molokai Channel, 66 years in 23+ hours, English Channel, 66 years in 17+ hours and Lake Ontario, 66 years in 24+ hours plus in 2018 Lake Tahoe, Loch Ness and Around Manhattan.

She has also clocked some fast times including the Straits of Gibraltar: at the age of 59 in 3 hours and 28 minutes she was the third fastest woman of all time and the fastest American woman. Pat is an inspiration. There is life - lots of life, and success, for the swimmers taking up the sport after the age of 40. Setbacks are part of life and part of marathon swimming. Pat endured six defeats in completing 6 of the Oceans Seven. The toughest were: North Channel pulled after 16+ hours – less than 1 mile

from the finish and English Channel pulled 1.7 miles from the finish. She is followed as a role model by many aspiring marathon swimmers – young and not so young.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)